



## **Girlz Group**

### **Frequently Asked Questions**

#### ***What is Girlz Group?***

Girlz Group is a FREE monthly, drop-in program based on the following:

- We promote empowerment, confidence, positive relationships and positive role models
- We create a space where girls can be curious and feel safe to ask questions without judgement
- We give girls true answers and information (this can include information about “sensitive topics” such as sex)
- We create an inclusive space where girls can be themselves and are respected
- We welcome all girls to Girlz Group

#### ***Why attend Girlz Group?***

Girlz Group is an opportunity to hang out, meet other girls and talk. It is a chance to be curious, ask questions and get real answers. Each month, Girlz Group will have a different theme. We'll talk about it, maybe watch a video, do an activity, have a snack and learn something new.

#### ***Who can participate in Girlz Group?***

Girlz Group is open to all female-identified students in grades 5, 6 and 7 who live in Golden and Area A. Girls are asked to come with an open mind, an open heart and a willingness to participate.

#### ***When is Girlz Group?***

Girlz Group runs the second Wednesday of each month from 3:30 pm - 5:30 pm. During this time, the Women's Centre is only open to participants of Girlz Group. For a complete listing of dates, please visit our website: <http://www.goldenwomenscentre.ca/girlz-group>

#### ***Where is Girlz Group held?***

Girlz Group is held at the Golden Women's Resource Centre, located at 419 9 Ave North.

#### ***Who do I contact for more information?***

For questions, more information or feedback, please contact Alycia Weir, Girlz Group Coordinator at [gwrsgirlz@gmail.com](mailto:gwrsgirlz@gmail.com) or the Golden Women's Resource Centre Executive Director at [gwrccd@uniserve.com](mailto:gwrccd@uniserve.com).

#### ***Can I make a donation to the Girlz Group program?***

Yes! In order to provide the type and quality of programming that we believe is important, the Girlz Group program does not receive grant or government funds and is funded exclusively through various fundraising efforts. If you would like to contribute craft supplies, grocery cards (for our snacks) or make a financial donation, please contact us.